



A Study to Prevent Infection  
with a Ring for Extended Use

# Contraception in MTN-020

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Goals for ASPIRE

Discussion of methods used

Training needs identified





# Unintended Pregnancy

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- Induced and unsafe abortion
- Risks of maternal morbidity/mortality (higher in unintended/mistimed pregnancies)
- Social/personal/economic stressors of mistimed births

# Key Components to Contraceptive Counseling

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- Recognizing the range of options available and non-contraceptive benefits to various methods
- Understanding the risk profile/side effects of methods
- Comprehending issues around return to fertility

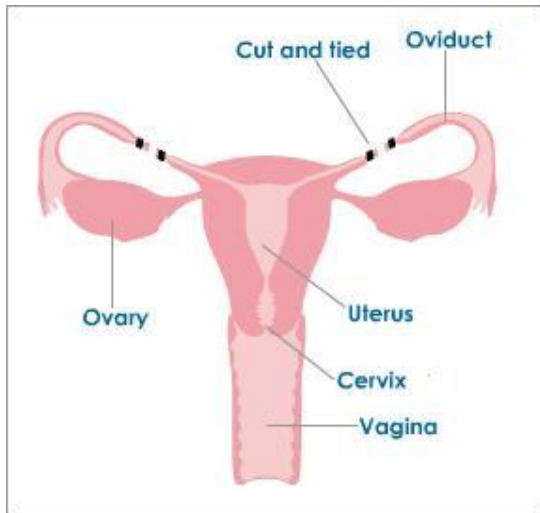
# Goals for ASPIRE

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- Provide contraception for all participants
- Expand the mix of contraception methods that are available
- Accurately document the contraceptives methods used throughout the trial



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# Contraceptive Method Education/Training Needs

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- What methods are available at the site and in the community?
- What are common misperceptions surrounding various methods:
  - Depo-Provera
  - Oral contraceptive pills
  - Implants
  - Intra-uterine devices



# Contraceptive Method Education/Training Needs

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- Build education surrounding many methods to clinicians and counselors?
- Train staff?
  - Assist in counseling messages
  - Possibility of on-site training opportunities



# Challenges

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- What are some challenges related to contraception that sites have experienced in other studies?
  - Related to training, participant decline, availability/accessibility of methods, participant experiences, practitioner issues/hesitations, participant fears etc.



# Reporting

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- For ASPIRE, we will collect information on the hormonal medications log CRF and on the Family Planning CRF
- We document where she received the contraception
- Contraceptive use is required at enrollment, but not at follow-up
- Is participant report of non-use a challenge during follow-up?

